



Save Face

Radiesse™ Fact Sheet



Patient information

Radiesse™

- Dermal Filler/collagen stimulator FDA approved
- Immediate results
- Single treatment
- Minimal downtime
- Last 9-12 months

What is Radiesse™?

Radiesse™ is a dermal filler/collagen stimulator consisting of Calcium hydroxylapatite microspheres suspended in a gel carrier which consists mainly of water and glycerine. Radiesse™ is highly biocompatible. Calcium hydroxylapatite is the main mineral component of bone and teeth, which consists of calcium and phosphate ions that occur naturally in the body. FDA approved in 2006.

How does it work?

Radiesse is injected into the skin. The gel carrier acts as an instant filler, providing immediate correction. As the gel carrier is absorbed (within 8-12 weeks) the calcium hydroxylapatite microspheres act as a scaffold and stimulate the production of new collagen in and around them.

Eventually the microspheres degrade into calcium and phosphate ions and are removed from the body in a natural process of elimination.

Does it hurt?

To minimise any discomfort topical anaesthetic cream can be applied prior to treatment. A local anaesthetic can be mixed with the Radiesse™ prior to injection. Alternatively, ice or cooling devices may be used to numb the skin prior to injection. You may experience some mild tenderness for a few days after the treatment. You may apply cold packs or take analgesia such as paracetamol or ibuprofen if you are uncomfortable. Pain is not expected after treatment.

Used to treat

- ↳ Facial wrinkles and folds
- ↳ Facial contours- to enhance or correct cheeks, jawline, nose reshaping, chin enhancement
- ↳ Hands to restore volume, minimising appearance of tendons and veins seen in aging hands
- ↳ Acne scarring

After treatment

- ↳ Immediate results
- ↳ There may be some redness, swelling, tenderness, bruising which should settle within days.
- ↳ Makeup should not be worn for 12 hours

How long will it last?

It is expected to last 9-24 months; in some cases the duration may be shorter or longer than expected. It will always degrade over time and you will return to your pre-treatment state without further treatment.

Is it safe?

All treatments carry a degree of risk. All risks and complications will be discussed with you at consultation and prior to any treatment being agreed.

Radiesse™ should be administered by a healthcare professional with specialist training.

Side effects include, but are not limited to;

- ↳ Redness,
- ↳ Swelling,

- ↳ Bruising
- ↳ Itching
- ↳ Tenderness

The above are temporary and usually resolve within the first few days, swelling is often marked the next morning but settles within hours, bruising can take a week to 10 days to resolve and can sometimes persist for longer.

Your practitioner will provide aftercare advice designed to minimise risk and promote speedy recovery from any expected side effects.

Am I suitable for treatment?

There are a number of medical conditions and or medicines that may affect the decision to treat or the treatment plan. A full medical history and assessment of your expectations is necessary in advance of any decision to treat.

With any injectable treatment;

Treatment is not recommended if you are suffering from any skin infection in or near the treatment area or are unwell in any way (even a cold).

If you have previously experienced allergic reactions to any dermal filler or local anaesthetic

If you are taking any medicines which affect bleeding, such as aspirin or warfarin. If you are taking steroids or have autoimmune disease.

If you are pregnant or breastfeeding

If you are currently or have recently completed a course of Roacutane (acne treatment) in the last 18 months.

Caution

Injections on the face can trigger the cold sore virus. If you are a sufferer, you must advise your clinician in advance of treatment.

If you have recently had treatment with any other dermal filler or Sculptra™

If you are planning to attend a special event when a bruise, should it occur, would be unacceptable to you.

Some over the counter medicines and supplements can also affect bleeding (make you more prone to bruising) as can alcohol- which should be avoided the day before and after treatment.

Vigorous exercise, sun exposure, sun beds, sauna should be avoided for 48 hours, or as advised by your clinician, after treatment.

If, having had treatment, you are at all concerned about symptoms you were not expecting or not happy with, please contact the practitioner for advice. If necessary an appointment will be made for you to be seen.

Consumer Check List

Expect

- To be seen by a, doctor, nurse or dentist for your consultation and assessment
- To have sufficient time to consider all the information- avoid making hasty decisions
- To be treated by a doctor, nurse or dentist
- A follow up appointment if necessary or desired

Ask Questions

- | | |
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| What is this treatment/product? | time frame? |
| How does it work? | Are you able to treat complications, should they occur? |
| What are the side effects/risks? | What happens if I am not happy with the result? |
| What are the alternatives I might consider? | Is it painful? How do you minimise pain? |
| What results can I expect? | What aftercare am I expected to perform? |
| What will I look like immediately after? | What will it cost and what are the payment terms? |
| How long will the results last? | |
| How many treatments will I need and in what | |

Check

- | | |
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| You may check the qualifications of a doctor (www.gmc-uk.org), Nurse (www.nmc-uk.org) and dentist(www.gdc-uk.org) | medicine to be used and make a note of it for future reference, should you later see another clinician. |
| Ask to see the unopened box of product/ | |

Be Safe

- ↘ Do not proceed with treatment if you do not feel comfortable with the practitioner
- ↘ Do not proceed with treatment if you do not fully understand the information you are given
- ↘ Take the necessary time to make your decisions
- ↘ Ask the practitioner to show you the product in its unopened package prior to treatment.
- ↘ Make a note of the practitioner's name and product used for future reference
- ↘ Ask for copies of before and after photographs for your reference
- ↘ Do not have treatment in your home, at 'parties' or exhibitions or in environments that are clearly not clean or appropriate.